

*Means the pool is shared with another activity

Strathmore Aquatic Centre

June 10th -June 16th 2019

	<u>Public Swim</u> All Pools	<u>Lane Swim</u> Lap Pool	<u>Kiddy Pool</u> ** Means all pools are open	<u>Aquasize / Deep Water</u> Running Lap Pool	<u>Lessons / Rentals</u> All Pools	<u>Silver Sharks / Water Polo</u> Lap Pool	<u>Registered Programs</u> All Pools	<u>Other</u> All Pools	<u>Hot Tub/Steam Sauna</u>
<u>Monday</u> <u>10th</u>	2:30-7:30pm* (7:45-8:45pm* deep end of lap only) 8:45-10:00pm*	5:45-9:00am 12:00-1:30pm 1 Lane 2:30-7:30pm 2 Lanes 8:45-10:00pm	7:30-10:00am 12:00-1:30pm 2:30-7:45pm** 7:45-10:00pm**	<u>Aquasize</u> 9:00-10:00am (7:45-8:45pm* No Instructor)	<u>School Lessons</u> 1:30-2:30pm	<u>Silver Sharks</u> 5:00-6:30pm* (2 lanes only)		<u>Aquamotion</u> Group A 10:00-11:00am Group B 11:00am-12:00pm	6:00am-10:00pm
<u>Tuesday</u> <u>11th</u>	1:00-4:00pm* 7:00-9:00pm 9:00-10:00pm*	5:45-9:00am 12:00-1:00pm 1 Lane 1:00pm-7:00pm* 2 Lanes 9:00-10:00pm*	7:30 - 1:00pm* 1:00-4:00pm** 4:00-7:00pm* 7:00-10:00pm**		<u>School Lessons</u> 9:00am-12:00pm* <u>Town Lessons</u> 4:00-7:00pm* <u>Private Lessons</u> 4:00-6:00pm*				6:00am-10:00pm
<u>Wednesday</u> <u>12th</u>	2:30-7:30pm* (7:45-8:45 pm* deep end of lap pool only) 8:45-10:00pm*	5:45-9:00am* 12:00-1:00pm 1 Lane 2:30-7:30pm* 2 lanes 8:45-10:00pm*	7:30am - 2:30pm* 2:30-10:00pm**	<u>Aquasize</u> 9:00-10:00 am 7:45 - 8:45 pm*	<u>School Lessons</u> 10:00am-12:00pm* 1:00 -2:20pm*	<u>Silver Sharks</u> 5:00-6:30pm* (2 lanes only)	<u>The Hub</u> 4:00-5:00pm		6:00am-10:00pm
<u>Thursday</u> <u>13th</u>	1:00-3:00pm* <u>Toonie Swim</u> 7-8pm Only (8:00-9:00pm* shallow end of lap pool only) 9:00 – 10:00 pm*	5:45 - 9:00 am* 12:00 - 1:00pm 1 Lane 1:00-3:00pm* 4:00-7:00pm* 2 Lanes 9:00 - 10:00 pm*	7:30 - 1:00pm* 1:00-3:00pm** 4:00 - 7:00 pm * 7:00-10:00pm**	<u>Deep Water</u> 8:00 – 9:00 pm*	<u>School Lessons</u> 9:00am-12:00pm <u>Town Lessons</u> 4:00-7:00pm* <u>Private Lessons</u> 4:00-6:00pm*		<u>JLC</u> 4:00 - 5:00 pm <u>Adult Lessons</u> 9:00-10:00pm		6:00am - 3:00pm 4:00-10:00pm
<u>Friday</u> <u>14th</u>	2:30-4:30pm* 4:30-10:00pm	5:45-9:00am 12:00-1:00pm 1 Lane 2:30pm-4:30pm	7:30-1:00pm 12:00-1:00pm 2:30pm-10:00pm**	<u>Aquasize</u> 9:00 – 10:00 am	<u>School Lessons</u> 10:00am- 12:00pm <u>School Rental</u> 1:00-2:30pm				6:00am-1:00pm 2:30-10:00pm
<u>Saturday</u> <u>15th</u>	1:00-5:00pm	12:00-1:00pm 1 Lane 9:00am-12:00pm	<u>Family Swim</u> 9:00am-1:00pm* <u>Public Swim</u> 1:00pm-5:00pm**		<u>Town Lessons</u> 9:00am-12:00pm* <u>Private Lessons</u> 10:00am-12:00pm*				9:00am-5:00pm
<u>Sunday</u> <u>16th</u>	1:00-5:00pm	12:00-1:00pm	<u>Family Swim</u> 12:00 - 1:00 pm <u>Public Swim</u> 1:00-5:00pm**						12:00-5:00pm

**Summer Swimming Lesson Registration is open. You can register online at
strathmore.ca**

**Swim diapers and plastic pool pants (Gabby's) are required for all non-toilet trained children. For questions please call the
front desk at
(403) 934-3325**