

# May 29 - June 4, 2023

Monday - 29	Tuesday - 30	Wednesday - 31	Thursday - 1	Friday - 2	Saturday - 3	Sunday - 4
<b>Lane Swim</b> 6:00 - 9:00 am (KP opens at 8:30 on Monday, Wednesday and Friday)					<b>Lane Swim</b> 7:00 - 9:00 am	<b>Aquatic Centre's 20th Anniversary</b>  <b>Free Admisson All Day</b>
<b>Aquasize and KP</b> 9:00 - 10:00 am	<b>School Lessons</b> 9:00 am - 12:00 pm	<b>Aquasize and KP</b> 9:00 - 10:00 am	<b>School Lessons</b> 9:00 am - 12:00 pm	<b>Aquasize and KP</b> 9:00 - 10:00 am	<b>Group Lessons</b> 9:00 am - 12:00 pm	
<b>School Lessons</b> 10:00 am - 12:00 pm		<b>School Lessons</b> 10:00 am - 12:00 pm		<b>Aqua Motion</b> 10:00 am - 12:00 pm		
<b>Lane Swim and KP</b> 12:00 - 1:00 pm						<b>Lane Swim and KP</b> 12:00 - 1:00 pm
<b>School Lessons</b> 1:00 - 2:30 pm	<b>School Lessons</b> 1:00 - 2:30 pm	<b>School Lessons</b> 1:00 - 2:30 pm	<b>School Lessons</b> 1:00 - 2:30 pm	<b>Public Swim</b> 1:00 - 5:00 pm	<b>Public Swim</b> 1:00 - 5:00 pm (Capacity Limits will Apply)	<b>Public Swim</b> 1:30 pm - 6:00 pm  (Capacity Limits will Apply)
<b>Public Swim and Lane Swim (3 lanes)</b> 2:30 - 4:00 pm	<b>Public Swim and Lane Swim (3 lanes)</b> 2:30 - 4:00 pm	<b>Public Swim and Lane Swim (3 lanes)</b> 2:30 - 4:00 pm	<b>Public Swim</b> 1:00 - 5:00 pm			
<b>Silver Sharks and KP</b> 4:00 - 7:00 pm	<b>Group Lessons and Silver Sharks (2 lanes)</b> 4:00 - 6:00 pm	<b>Silver Sharks Only - Private Event -</b> 4:00 - 7:00 pm	<b>Group Lessons</b> 4:00 - 6:00 pm	<b>Lane Swim only</b> 5:00 - 6:00 pm	(Capacity Limits will Apply)	
<b>Lane Swim (2 Lanes) and KP and Silver Sharks</b> 7:00 - 8:00 pm	<b>Public Swim</b> 6:00 - 9:00 pm	<b>Lane Swim (2 Lanes) and Silver Sharks</b> 7:00 - 8:00 pm	<b>Public Swim</b> 6:00 - 8:00 pm	<b>Public Swim</b> 6:00 - 9:00 pm		
<b>Lane Swim and KP</b> 8:00 - 9:00 pm				<b>Deep Water Running Aquasize and KP</b> 8:00 - 9:00 pm		

This schedule is subject to change without notice.

Please check [www.strathmore.ca/recreation](http://www.strathmore.ca/recreation) for the most up to date information.

**Hot Tub and Steam Room**

**Hours**

**Monday**

6:00 - 10:00 am  
12:00 - 1:00 pm  
2:30 - 9:00 pm

**Tuesday**

6:00 - 9:00 am  
12:00 - 1:00 pm  
2:30 - 9:00 pm

**Wednesday**

6:00 - 10:00 am  
12:00 - 1:00 pm  
2:30 - 4:00 pm  
7:00 - 8:00 pm

**Thursday**

6:00 - 9:00 am  
12:00 - 1:00 pm  
4:00 - 9:00 pm

**Friday**

6:00 - 10:00 am  
12:00 - 1:00 pm  
1:00 - 9:00 pm

**Saturday**

7:00 am - 5:00 pm

**Sunday**

12:00 - 1:00 pm  
1:30 - 6:00pm

**Kiddy Pool Only Hours**

The Kiddy Pool will also be open any time there is public swim.

**Monday**

8:30 - 10:00 am  
12:00 - 1:00 pm  
4:00 - 9:00 pm

**Tuesday**

12:00 - 1:00 pm

**Wednesday**

8:30 - 10:00 am  
12:00 - 1:00 pm

**Thursday**

12:00 - 1:00 pm  
8:00 - 9:00 pm

**Friday**

8:30 - 10:00 am  
12:00 - 1:00 pm

**Saturday**

12:00 - 1:00 pm

**Sunday**

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Hours for the kiddy pool are advertised on the front page. If you see **KP** next to a swim, this indicates that the kiddy pool is open at the same time.

**Capacity Limits will Apply for All Drop-in Public Swims**

**If you arrive and we are at capacity, our staff will add your name to a waitlist.**

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