

Monday - 22	Tuesday - 23	Wednesday - 24	Thursday - 25	Friday - 26	Saturday - 27	Sunday-28
Early Bird Lane Swim 5:45 - 9:00 am		Early Bird Lane Swim 5:45 - 9:00 am	Silver Sharks 2 lanes 6:00 - 7:15 am	Early Bird Lane Swim 5:45 - 9:00 am	Silver Sharks/ Lane Swim (2Lanes) 7:00 - 9:00 am	
Aquasize 9:00 - 10:00 am	School Board Lessons 9:00 - 10:00 am	Aquasize 9:00 - 10:00 am	School Board Lessons 9:00 - 10:00 am	Aquasize 9:00 - 10:00 am	Town Lessons 9:00am-12:00pm	
Aqua Motion Group A- 10:00 -11:00 Group B - 11:00 -12:00	School Board Lessons 10:00am - 12:00pm			Public Swim/Lane Swim (3 Lanes) 10:00 am - 12:00 pm		
Noon Hour Lane Swim 12:00 - 1:00 pm						
School Board Lessons 1:00 - 3:00 pm				Public Swim 1:00 - 4:30pm	Public Swim 1:00 - 4:00pm	Public Swim 1:00 - 4:00 pm
	Town Lessons/Lane Swim (2Lanes) 4:00 - 6:00 pm		Town Lessons/Lane Swim (2Lanes) 4:00 - 6:00 pm			
Silver Sharks 4:30 - 7:00 pm	Polominos Water Polo 6:00 - 7:00 pm	Silver Sharks 4:30 - 7:00 pm	Polominos Water Polo 6:00 - 7:00 pm	Silver Sharks 4:30 - 6:30 pm	A National Lifeguard Course with real life scenarios is going on during regular buisness hours.	
Silver Sharks (2 Lanes) / Lane Swim 7:00 - 8:00 pm	Lane Swim 7:00 - 8:00 pm	Silver Sharks (2 Lanes) / Lane Swim 7:00 - 8:00 pm	Deep Water Aquasize/Running 7:00 - 8:00 pm	Public Swim 6:30 -8:00 pm		

The Strathmore Aquatic Centre is participating in the [Restriction Exemption Program](#) (Vaccine Passport). All participants over 18 must show proof of full vaccination. Those who wish to watch any form of swim within our facility over the age of 12 must show full proof of vaccination. If you have questions or concerns please call the facility at 403-934-3325.

Kiddy Pool Only Hours:

Saturday and Sunday

12:00 - 1:00 pm

And any time there is public swim times.

Hot Tub Hours:

Monday and Wednesday

6:15 am to 10:15 am

12:00 - 1:00 pm

4:00 - 8:00 pm

Tuesday and Thursday

6:15 am to 9:00 am

12:00 - 1:00 pm

4:00 - 8:00 pm

Friday

6:15 am - 8:00 pm

Saturday and Sunday

12:00 - 4:00 pm

Certification Courses

Water Safety Instructor Course
coming January 2022

Swimming Lesson Registration will open in early
January for Winter/Spring Lessons.