



STRATHMORE MOTOR PRODUCTS SPORTS CENTRE

# SENIORCISE CLASS

It's never too late to feel great!

**Date(s): Mondays & Wednesdays**

**Session Length: Nov. 1 - Dec. 15 (Includes 14 classes)**

**Time: 1:00 - 1:45 PM**

**Instructor: Robyn Boucher**

**Cost: \$56/session (Members)**

**\$70/session (Non-Members)**

**\$6/drop-in (only if space is available)**

For more information, please contact the Strathmore Motor Products Sports Centre at (403) 361-2121.