



STRATHMORE MOTOR PRODUCTS SPORTS CENTRE

SENIORCISE CLASS

It's never too late to feel great!

Date(s): Mondays & Wednesdays

Session Length: Mar. 9 - Apr. 27 (Includes 14 classes)

No Class: Apr. 18 (Easter Monday)

Time: 1:00 - 1:45 PM

Instructor: Robyn Boucher

Cost: \$56/session (Members)

\$70/session (Non-Members)

\$6/drop-in (only if space is available)

For more information, please contact the Strathmore Motor
Products Sports Centre at (403) 361-2121.