



STRATHMORE MOTOR PRODUCTS SPORTS CENTRE

SENIORCISE CLASS

It's never too late to feel great!

DATE(S): MONDAYS & WEDNESDAYS (SEPT. 4 - OCT. 30)

TIME: 1:00 - 1:45 PM

REGISTRATION OPENS: JULY 2, 2019

REGISTRATION DEADLINE: AUGUST 26, 2019

COST: \$70/ SESSION (NON-MEMBERS)

\$60/ SESSION (MEMBERS)

\$5/ DROP-IN (IF SPACE IS AVAILABLE)

For more information, please contact the Strathmore Motor Products Sports Centre at (403) 361-2121.