



Town of Strathmore

## Senior's Advisory Committee Meeting

Monday, May 6, 2019 at 3:00 pm

Conference Room, Town Administration Office

### AGENDA

#### 1.0 CALL TO ORDER

#### 2.0 CONFIRMATION OF AGENDA

#### 3.0 CONFIRMATION OF MINUTES

3.1 Senior's Advisory Committee Meeting Minutes for April 1, 2019

#### 4.0 UNFINISHED BUSINESS

4.1 April 17 Coffee, BBB-Savvy Seniors Lynne Fair

4.2 Senior's Week 2019 FCSS

#### 5.0 ITEMS FROM ADMINISTRATION

5.1 Mental Health (Standing Item) FCSS

5.2 Action Log Review

#### 6.0 NEW BUSINESS

6.1 Seniors Coffee, May 15 - Handibus

6.2 Seniors Coffee, June 19 -

#### 7.0 URGENT BUSINESS

#### 8.0 IN CAMERA ITEMS

#### 9.0 ADJOURNMENT

9.1 The next Committee meeting is scheduled for Monday, June 3, 2018 at 3:00 pm



**Town of Strathmore  
Senior's Advisory Committee**

Monday, April 1, 2019 at 3:00 pm  
Conference Room, Town Administration Office

**APPROVED MINUTES**

**IN ATTENDANCE:**

**BOARD MEMBERS**

LYNNE FAIR	Chair, Public Member
CHRISTI SHWORAK	Public Member
LINDA STORKSON	Public Member
STEVE FRY	Public Member
TERESA STARK	Public Member
BETTY HUIZINGA	Public Member
RITA TAYLOR-BEVERIDGE	Public Member
TARI COCKX	Councillor

**RECORDING SECRETARY**

LISA BROWN	Legislative Clerk
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**STAFF**

LINDA BERNICKI	Community and Social Development Coordinator
DAHRLYNE KNAUS	FCSS Programmer

**REGRETS**

None

**1.0 CALL TO ORDER**

Chair Lynne Fair called the meeting to order at 3:01 pm

**2.0 CONFIRMATION OF AGENDA**

**Resolution No. 009.04.19**

Moved by Steve Fry  
THAT the Committee adopts the Senior's Advisory  
Committee Agenda for April 1, 2019, as presented.  
CARRIED

**3.0 CONFIRMATION OF MINUTES**

3.1 Senior's Advisory  
Committee Meeting  
Minutes for  
March 4, 2019

**Resolution No. 010.04.19**

Moved by Steve Fry  
THAT the March 4, 2019 Senior's Advisory Committee  
Minutes be adopted as presented.  
CARRIED

**4.0 UNFINISHED BUSINESS**

- 4.1 March 20 Seniors Coffee - AHS, New Canada Food Guide  
Chair Lynne Fair gave a verbal report on the Seniors Coffee held March 20. She said there was an excellent turnout and the speaker provided great information regarding the new Canada Food Guide and nutrition for seniors.

Dahrlyne Knaus suggested presenting this topic again later in the fall.

- 4.2 Senior's Week 2019  
Dahrlyne Knaus gave an overview of the draft itinerary for the 2019 Senior's Week Information Session.

**Resolution No. 011.04.19**

Moved by Rita Taylor-Beveridge

THAT the Committee approves the itinerary for the 2019 Senior's Week Information Session as presented.

CARRIED

**Action: The Committee requested FCSS to contact health professionals to request a presentation regarding 'Pharmacy - Medications and Over-medicating' at a future Coffee session**

**5.0 ITEMS FROM ADMINISTRATION**

- 5.1 Committee Strategic Planning Session  
Linda Bernicki gave an overview of the Strategic Planning report.

**Action: The Committee to review the draft report and prepare to discuss it at the next meeting on May 3**

- 5.2 Wheatland Society of the Arts Correspondence  
Lisa Brown explained there is a Town email address for the Committee and correspondence will be sent to Committee members for information. If a Committee member would like to discuss an item, they will contact Lisa to add it to a future agenda.

- 5.3 Mental Health  
Linda Bernicki gave an update regarding the Mental Health First Aid sessions in May.

- 5.4 Action Log Review  
The Committee reviewed the Action Log

**6.0 NEW BUSINESS**

- 6.1 Senior's Coffee,  
April 17 - Better Business  
Bureau Presentation,  
Senior Scams
- Action: FCSS to provide the poster for the Seniors Coffee in April and email Committee members when it is ready**

**7.0 URGENT BUSINESS**

None

**8.0 IN CAMERA ITEMS**

None

**9.0 ADJOURNMENT**

**Resolution No. 012.04.19**

Moved by Steve Fry

THAT the Committee adjourns the April 1, 2019 Senior's Advisory Committee meeting at 3:58 pm.

CARRIED

\_\_\_\_\_  
Chairperson

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Recording Secretary



Town of Strathmore  
**Senior's Advisory Committee**  
 Action Log

5.2

April 9, 2019

	Meeting Date	Resolution No./Action	Description	Assigned to	Due Date	Status
1	March 4/19	Action	Administration to contact the Recreation Department and ask if they can do a presentation at the Seniors Coffee in June regarding recreational facilities and programs and report back to the Committee at the next meeting on April 1	Legislative Services	April 1	Waiting for response from Rec Centre
2	April 1/19	"	Contact health professionals to request a presentation regarding 'Pharmacy - Medications and Over-medicating' at a future Coffee session	FCSS		
3	"	"	Committee to review the draft report and prepare to discuss it at the next meeting on May 3	Committee Members	May 3	
4	"	"	FCSS to provide the poster for the Seniors Coffee in April and email Committee members when it is ready	FCSS	ASAP	
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