



Town of Strathmore
Senior's Advisory Committee
Monday, April 1, 2019 at 3:00 pm
Conference Room, Town Administration Office

APPROVED MINUTES

IN ATTENDANCE:

BOARD MEMBERS

LYNNE FAIR	Chair, Public Member
CHRISTI SHWORAK	Public Member
LINDA STORKSON	Public Member
STEVE FRY	Public Member
TERESA STARK	Public Member
BETTY HUIZINGA	Public Member
RITA TAYLOR-BEVERIDGE	Public Member
TARI COCKX	Councillor

RECORDING SECRETARY

LISA BROWN	Legislative Clerk
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STAFF

LINDA BERNICKI	Community and Social Development Coordinator
DAHRLYNE KNAUS	FCSS Programmer

REGRETS

None

1.0 CALL TO ORDER

Chair Lynne Fair called the meeting to order at 3:01 pm

2.0 CONFIRMATION OF AGENDA

Resolution No. 009.04.19

Moved by Steve Fry
THAT the Committee adopts the Senior's Advisory
Committee Agenda for April 1, 2019, as presented.
CARRIED

3.0 CONFIRMATION OF MINUTES

3.1 Senior's Advisory
Committee Meeting
Minutes for
March 4, 2019

Resolution No. 010.04.19

Moved by Steve Fry
THAT the March 4, 2019 Senior's Advisory Committee
Minutes be adopted as presented.
CARRIED

4.0 UNFINISHED BUSINESS

- 4.1 March 20 Seniors Coffee - Chair Lynne Fair gave a verbal report on the Seniors Coffee held March 20. She said there was an excellent turnout and the speaker provided great information regarding the new Canada Food Guide and nutrition for seniors.

Dahrlyne Knaus suggested presenting this topic again later in the fall.

- 4.2 Senior's Week 2019 Dahrlyne Knaus gave an overview of the draft itinerary for the 2019 Senior's Week Information Session.

Resolution No. 011.04.19

Moved by Rita Taylor-Beveridge

THAT the Committee approves the itinerary for the 2019 Senior's Week Information Session as presented.

CARRIED

Action: The Committee requested FCSS to contact health professionals to request a presentation regarding 'Pharmacy - Medications and Over-medicating' at a future Coffee session

5.0 ITEMS FROM ADMINISTRATION

- 5.1 Committee Strategic Planning Session Linda Bernicki gave an overview of the Strategic Planning report.

Action: The Committee to review the draft report and prepare to discuss it at the next meeting on May 3

- 5.2 Wheatland Society of the Arts Correspondence Lisa Brown explained there is a Town email address for the Committee and correspondence will be sent to Committee members for information. If a Committee member would like to discuss an item, they will contact Lisa to add it to a future agenda.

- 5.3 Mental Health Linda Bernicki gave an update regarding the Mental Health First Aid sessions in May.

- 5.4 Action Log Review The Committee reviewed the Action Log

6.0 NEW BUSINESS

6.1 Senior's Coffee,
April 17 - Better Business
Bureau Presentation,
Senior Scams

**Action: FCSS to provide the poster for the Seniors Coffee
in April and email Committee members when it is
ready**

7.0 URGENT BUSINESS

None

8.0 IN CAMERA ITEMS

None

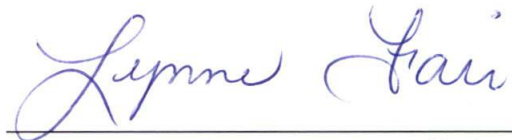
9.0 ADJOURNMENT

Resolution No. 012.04.19

Moved by Steve Fry

THAT the Committee adjourns the April 1, 2019 Senior's
Advisory Committee meeting at 3:58 pm.

CARRIED



Chairperson



Recording Secretary