



**Town of Strathmore**  
**Senior's Advisory Committee**  
Monday, March 4, 2019 at 3:00 pm  
Conference Room, Town Administration Office

**APPROVED MINUTES**

**IN ATTENDANCE:**

**BOARD MEMBERS**

LYNNE FAIR	Chair, Public Member
CHRISTI SHWORAK	Public Member
LINDA STORKSON	Public Member
STEVE FRY	Public Member
TERESA STARK	Public Member

**RECORDING SECRETARY**

LISA BROWN	Legislative Clerk
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**STAFF**

LINDA BERNICKI	Community and Social Development Coordinator
DAHRLYNE KNAUS	FCSS Programmer

**REGRETS**

TARI COCKX	Councillor
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**1.0 CALL TO ORDER**

Chair Lynne Fair called the meeting to order at 3:05 pm

**2.0 CONFIRMATION OF AGENDA**

**Resolution No. 007.03.19**

Moved by Teresa Stark

THAT the Committee adopts the Senior's Advisory Committee Agenda for February 4, 2019, amended with the following additions:

6.2 - Seniors Week

CARRIED

**3.0 CONFIRMATION OF MINUTES**

3.1 Senior's Advisory  
Committee Meeting  
Minutes for  
February 4, 2019

**Resolution No. 008.03.19**

Moved by Christi Shworak

THAT the February 4, 2019 Senior's Advisory Committee Minutes be adopted as presented.

CARRIED

#### 4.0 UNFINISHED BUSINESS

- 4.1 January 16 Seniors Coffee Chair Lynne Fair gave a verbal report on the Seniors Coffee held February 20. She said there were approximately thirty people in attendance.

**Action: The Committee requested Administration to scan and send the information from the Coldwell Ranch development to the Committee members.**

#### 5.0 ITEMS FROM ADMINISTRATION

- 5.1 Committee Strategic Planning Session Linda Bernicki gave a brief overview of the information collected from the sessions and said the draft Plan will be presented to the Committee for review at the end of March.

**Action: FCSS will present the draft Plan to the Committee for review and discussion at the April 1 meeting.**

- 5.2 Mental Health Linda Bernicki said only two members registered for the mental health training in May.

Linda Storkson asked to be registered.

- 5.3 Action Log Review Lisa Brown explained the function of the Action Log and said it will be a standing item on every meeting agenda for Committee review and discussion.

#### 6.0 NEW BUSINESS

- 6.1 Senior's Coffee, March 20 Lisa Brown explained the March 20 Coffee speaker is confirmed and provided posters for Committee members to distribute.

**Action: The Committee requested that AHS provide copies of the updated Canada Food Guide at the March 20 Coffee.**

- 6.2 Seniors Week Dahrlyne Knaus explained that in previous years, the Committee worked with FCSS to sponsor an information session during Seniors Week. She said the next meeting for the Seniors Week group is March 14 at 9 am and asked if a member from this Committee can attend.

Lynne Fair and Teresa Stark said they would be available to attend.

The Committee requested business cards and name tags for all the members.

**Action:** Dahrlyne Knaus to provide a copy of the 2018 Seniors Week information session brochure to the Committee members.

**Action:** The Committee asked Administration to add Seniors Week to the agenda for the next meeting on April 1.

**Action:** The Committee asked Administration to contact the Recreation Department and ask if they can do a presentation at the Seniors Coffee in June regarding recreational facilities and programs and report back to the Committee at the next meeting on April 1.

**Action:** The Committee asked Administration to request a presentation at a future Seniors Coffee regarding the Town's Cemetery Master Plan and funeral pre-planning and report back to the Committee at the next meeting on April 1.

**Action:** The Committee requested Administration provide business cards and name tags for Committee members.

#### **7.0 URGENT BUSINESS**

None

#### **8.0 IN CAMERA ITEMS**

None


**9.0 ADJOURNMENT**

**Resolution No. 008.03.19**

Moved by Linda Storkson

THAT the Committee adjourns the March 4, 2019 Senior's  
Advisory Committee meeting at 3:54 pm.

CARRIED



Chairperson



Recording Secretary