



Town of Strathmore
Senior's Advisory Committee
Monday, February 4, 2019 at 3:00 pm
Conference Room, Town Administration Office

APPROVED MINUTES

IN ATTENDANCE:

BOARD MEMBERS

LYNNE FAIR	Chair, Public Member
CHRISTI SHWORAK	Public Member
LINDA STORKSON	Public Member
STEVE FRY	Public Member
TERESA STARK	Public Member
TARI COCKX	Councillor

RECORDING SECRETARY

LISA BROWN	Legislative Clerk
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STAFF

LINDA BERNICKI	Community and Social Development Coordinator
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REGRETS

DAHRLYNE KNAUS	FCSS Programmer
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1.0 CALL TO ORDER

Chair Lynne Fair called the meeting to order at 3:03 pm

2.0 CONFIRMATION OF AGENDA

Resolution No. 004.04.19

Moved by Steve Fry
THAT the Committee adopts the Senior's Advisory
Committee Agenda for February 4, 2019, amended with the
following additions:
5.3 - Pink Shirt Day
5.4 - April Coffee
5.5 - Volunteer Income Tax Program
CARRIED

3.0 CONFIRMATION OF MINUTES

3.1 Senior's Advisory
Committee Meeting
Minutes for
January 4, 2019

Resolution No. 005.02.19

Moved by Steve Fry
THAT the January 7, 2019 Senior's Advisory Committee
Minutes be adopted as presented.
CARRIED

4.0 UNFINISHED BUSINESS

- 4.1 January 16 Seniors Coffee Chair Lynne Fair gave a verbal report on the Seniors Coffee held January 16. She said there was an excellent turnout and the speakers provided great information regarding options for senior's housing and services

5.0 ITEMS FROM ADMINISTRATION

- 5.1 Committee Strategic Planning Session Linda Bernicki explained that FCSS has conducted these types of sessions and found that usually two sessions are required to complete what needs to be done. She said the Committee may not need two sessions, but should schedule for two in case more time is needed. She asked the Committee to choose two days to hold these sessions. She also requested to extend the March 4 meeting for one hour for any follow up arising from the planning sessions.

The Committee decided to conduct the Strategic Planning Sessions at the FCSS Office on Friday, February 15 from 2:00-4:00 pm and Thursday, February 21 from 10 am-12 noon.

The Committee agreed to start the next meeting on March 4 at 2:00 pm

- 5.2 Mental Health Linda Bernicki spoke about the mental health training for seniors and encouraged members of the Committee to attend if they are available. She will provide the dates and times once they are confirmed.
- 5.3 Pink Shirt Day Linda Bernicki explained this initiative and that it is held annually on February 27.
- 5.4 April Coffee Linda Bernicki said she has been in contact with the Better Business Bureau, and said they are available to speak at the April 17 Seniors Coffee regarding scams.
- Action: The Committee requested FCSS to schedule a speaker from the BBB to give a presentation regarding scams at the April 17 Seniors Coffee**
- 5.5 Volunteer Income Tax Program Linda Bernicki explained the Volunteer Income Tax Program offered through FCSS.

6.0 NEW BUSINESS

6.1 Senior's Coffee,
February 20

Lynne Fair said she attended the Interagency Meeting and asked the Committee to consider a presentation regarding transportation options for the March Seniors Coffee.

Action: The Committee requested FCSS to schedule someone from the Handi-Bus to give a presentation at the Seniors Coffee in May

6.2 Senior's Coffee, March 20

Lynne Fair suggested the Committee request a presentation on nutrition for the coffee in March.

Action: Christi Shworak will contact the dietician from Strathmore Public Health and request she give a presentation at the Seniors Coffee in March

7.0 URGENT BUSINESS

None

8.0 IN CAMERA ITEMS

None

9.0 ADJOURNMENT

Resolution No. 006.02.19

Moved by Steve Fry

THAT the Committee adjourns the February 4, 2019 Senior's Advisory Committee meeting at 4:03 pm.

CARRIED



Chairperson



Recording Secretary