



**TOWN OF STRATHMORE**  
**Senior's Advisory Committee**  
**Town of Strathmore Council Chambers**  
**Date: April 9, 2018**

**APPROVED MINUTES**

**IN ATTENDANCE:**

**BOARD MEMBERS**

POLLY BALFOUR  
LORRAINE FARRAN  
CAROL CURRY  
ALICE LECERF  
TARI COCKX

PUBLIC MEMBER  
PUBLIC MEMBER  
PUBLIC MEMBER  
PUBLIC MEMBER  
COUNCILLOR

**RECORDING SECRETARY**

JENNIFER BERGERON

LEGISLATIVE OFFICER

**STAFF**

DAHRLYNE KNAUS

FCSS PROGRAMMER

**GUEST**

CHRISTI SHWORAK

PUBLIC MEMBER

**1. CALL TO ORDER**

Chair Polly Balfour called the meeting to order at 3:05PM.

**2. CONFIRMATION OF AGENDA**

2.1 Adoption of Agenda

**Resolution #012.04.18**

Moved by Alice Lecerf

THAT the Committee adopt the April 9, 2018 Senior's Advisory Committee Agenda with the following addition.

6.3 Walking Track

CARRIED

**3. CONFIRMATION OF MINUTES**

3.1 Adoption of the March 21, 2018  
Senior's Advisory Committee Minutes

**Resolution #013.04.18**

Moved by Carol Curry

THAT the Committee adopt the March 5, 2018 Senior's Advisory Committee Meeting Minutes as presented, with the following amendments:

6.1 Spelling Correction; May Rostecki-Budzey & Donalda Ledene

CARRIED

#### **4. UNFINISHED BUSINESS**

4.1 Senior's Advisory Committee –  
2018 Plan

##### **Report from Seniors Coffee**

- The Seniors Coffee had a great turnout and the presentation from Happy Gang was well received.
- The Town purchased a coffee urn, however it should be turned on earlier prior to the meeting as it takes up to 45 minutes to an hour to brew coffee
- Suggestion to use some of the committee funds to have someone start the coffee and put up tables and chairs prior to each meeting. This would need to be done at 9:30 AM. The Library opens at 10:00 AM

##### **Resolution #014.04.18**

Moved by Lorrain Farran

THAT Polly Balfour speak to the Library staff to see if arrangements can be made to setup and start the coffee urn and setup tables prior to the Senior's Coffee each month.

CARRIED

4.2 Update on Survey Questions

Seniors Survey will be distributed on Facebook, website and all social media sites, hard copies will be made and dropped-off at various locations – such as the seniors Lodge

#### **5. ITEMS FROM ADMINISTRATION**

5.1 New Meeting location

Clarified that the Library will not be available for the month of May only. Possible locations to host the Senior's Coffee:

- Lutheran Church – Jennifer Bergeron to contact
- Coop might be another option, they can host between 20 to 25 people
- Wheatland Lodge might be another option for location – Christi Shworak will follow-up

5.2 Senior's Week: June 6 -12, 2018

##### **Topic for Discussion:**

Slips & Falls – Sean from the Wheatland Lodge has presented in the past on preventing falls. Christi Shworak can speak to him about possibly presenting at Seniors Week.

RCMP – will plan on having a representative attend the information

day during Seniors Week.

Dahrlyne Knaus provided feedback received on services for seniors. She received 28 comments in total, a lot from the Fire Department. Some comments indicated there were too many presenters. It was suggested to have one presenter in the morning and two in the afternoon. The other concern was having the tea at 2:00 PM, it was suggested to move it to 1:15 PM

Sponsorship:

It was suggested that everyone take a letter to the businesses asking for donations, Coop, Sobeys, Tim Hortons and McDonalds sponsored last year so we will contact them to see if they are interested in sponsoring this event once again. Will also contact No Frills, Wal-Mart and maybe 1 or 2 more businesses for door prizes.

Door Prizes:

It was agreed that the swag bags were too much work for Senior's Week, free lunch and door prizes should be sufficient. Two different types of canvas bags with wheels were discussed. One retails for \$16.25, however, is smaller and of lesser quality than the other bag, which retails for \$37. The \$37 bag is higher quality, larger and more durable. FCSS to purchase 50 of the \$37 bags, 25 would come out of the FCSS budget and 25 would come out of the Senior's Advisory budget. A minimum order of 50 is required. FCSS will add the FCSS and Senior's Advisory logos to the bags. The total Cost would come to \$2000.00 for the bags (logo costs separate), it would be split between FCSS and Senior's Advisory Committee, therefore be a cost of approximately \$1000.00 each.

**Resolution #015.04.18**

Moved by Alice Lecerf

THAT FCSS order 50 bags with the FCSS and Senior's Advisory logos in the Town of Strathmore colors.

CARRIED

Preparation:

A volunteers list needs to be created and letters discussed for next meeting.

Plans are also being made for those unable to attend, due to limited mobility reasons, such as wheel chairs. Events can be held at the Wheatland Lodge, AgeCare Sagewood, Meadowlark Senior Care Home and the Strathmore Hospital

**6. NEW BUSINESS**

6.1 April 18, 2018 Senior's Coffee

Topic for Discussion:

Lori, Conservative member from Chestermere. Tari Cockx to speak to discuss options for obtaining the land at the Hospital for a new Lodge and the new Hospice

Lawyer to speak about Personal Directives along with Wills and Falls – Sean from the Wheatland Lodge has presented in the past on preventing falls. Christi Shworak can speak to him about possibly presenting at the April 18, 2018 Senior's Coffee

Possibly have a second speaker Denalda Ledyne

6.2 New Members

Mr. Steve Fry was appointed to the Senior's Advisory Committee at the April 4, 2018 Regular Council Meeting. Jennifer Bergeron will mail out the letter and email the meeting times and dates. Lynn Fair would like to become a member, Carol Curry will provide her with a Committee Volunteer Application form. Christi Shworak will be submitting a Senior's Advisory Committee application as well.

Chrisit Shworak will be applying to become a Committee Member.

6.3 Walking Track

Interest in approaching Edgefield Motor Sport Center and inquiring into whether, or not Senior's can walk for free, like that of the Strathmore Civic Centre and Trinity School.

**7. URGENT BUSINESS**

None

**8. IN CAMERA ITEMS**

None

**9. ADJOURNMENT**

**Resolution #016.04.18**

Moved by Carol Curry

THAT the Committee adjourn the April 9, 2018 Senior's Advisory Committee Meeting at 4:01 PM.

Next Committee Meeting will be held May 7, 2018 @ 3:00PM.



Polly Balfour, Chair

  
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Jennifer Bergeron, Recording Secretary